

# MINGO COUNTY SCHOOLS – CHILD NUTRITION

## PK-8 BREAKFAST/LUNCH MENU

### February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pancake Minis Fruit & Juice ----- <b>Bacon Cheeseburger on WG Bun</b> French Fries Baked Beans Fruit Choice Milk	4 Sausage & Cheese Croissant Fruit & Juice ----- <b>Chicken &amp; Noodles</b> Broccoli Parmesan Honey Carrot Coins Cornbread Fruit Choice Milk Sherbet	5 Breakfast Pizza Fruit & Juice ----- <b>Breakfast For Lunch</b> Sausage Eggs Pancakes w/Syrup Warm Apples Diced Potatoes Salsa Milk WG Toast	6 Pancake on a Stick Fruit & Juice ----- <b>Steak &amp; Gravy</b> Mashed Potatoes Green Beans WG Hot Roll w/Margarine Fruit Choice Milk	7 School Made Blueberry Muffin Fruit & Juice ----- <b>Beefy Nachos</b> w/Lettuce, Tomato & Cheese Refried Beans Spanish Rice Salsa Mandarin Oranges Milk Fruit Churro
10 Honeybun & String Cheese Fruit & Juice ----- <b>Breaded Chicken Nuggets</b> Macaroni & Cheese Green Beans Fruit Choice Milk Rice Crispy Treat	11 Breakfast Pizza Fruit & Juice ----- <b>Chili w/Beans</b> Grilled Cheese Crackers Baked Potato Carrots w/Dip Fruit Crisp Milk	12 Mini Waffles Fruit & Juice ----- <b>Breaded Chicken Sandwich</b> On WG Bun w/Lettuce & Tomato Baked Fries Pork & Beans Fruit Choice Milk	13 Chocolate Muffin & Yogurt Fruit & Juice ----- <b>Spaghetti w/Meat Sauce</b> Steamed Corn Caesar Salad w/Croutons & Ranch Fruit Choice Milk	14 Sausage Biscuit Fruit & Juice ----- <b>Pizza</b> Broccoli Parmesan Honey Carrot Coins "Be Mine Sidekick" Fruit Choice Milk
17 Faculty Senate	18 MVP Breakfast & String Cheese, Fruit & Juice ----- <b>Steak &amp; Cheese Hoagie</b> Potato Wedges Baked Beans Fruit Choice Milk Jello w/Fruit	19 Fruit Dunkers w/French Toast Sticks Fruit & Juice Fruit & Juice ----- <b>Pizza Flatbread</b> Steamed Corn Broccoli Parmesan Fruit Choice Milk Scooby Bones	20 Bacon & Egg Croissant Fruit & Juice ----- <b>Chicken Teriyaki Nuggets</b> Mashed Potatoes Green Beans WG Hot Roll Fruit Choice Milk	21 Chicken Slider Fruit & Juice ----- <b>Vegetable Beef Soup</b> Toasted Cheese Sandwich Carrot Sticks w/Dip Caesar Salad Apple Crisp Milk Fruit Choice
24 Breakfast Bread & Yogurt Fruit & Juice ----- <b>Corndog</b> Cheesy Potatoes Green Beans Sherbet Chex Mix Fruit Choice Milk	25 School Made Chocolate Chip Muffin Fruit & Juice ----- <b>Beefaroni</b> Caesar Salad w/ Croutons California Blend Cheese Breadstick Fruit Choice Milk	26 Breakfast Pastry & String Cheese Fruit & Juice ----- <b>Pepperoni Roll</b> Broccoli Parmesan Honey Carrot Coins Fruit Choice Milk Yogurt Scooby Bones	27 Breakfast Pizza Fruit & Juice ----- <b>Breakfast for Lunch</b> Sausage Eggs Biscuit Gravy Warm Apples Diced Potatoes Salsa Milk WG Toast	28 Ham & Cheese Croissant Fruit & Juice ----- <b>Hot Dog w/Chili</b> Baked Beans Baked Oven Fries Jello w/Fruit Milk Fruit Choice
<b>**** Lunch choices include milk, fresh fruits and vegetables on the salad bar.</b>	<b>**** Breakfast choices include fresh fruit, fruit juice, milk, yogurt and cereal.</b>			

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY.